



ATERES MIRIAM



# Bais Yaakov Ateres Miram Preschool Handbook תשפ"ו 2025-2026

## School Hours:

Nursery - Pre1A  
Monday - Thursday  
9:00 am - 3:00 pm  
Friday 9:00 am - 11:25 am



## Important Dates:

### Orientation:

Wednesday, 9/3 - Pre1A & Kindergarten  
Friday 9/5 - Nursery  
Monday 9/8 7:30 pm Parent Orientation

### First Day of Pre-School:

Thursday 9/4 - Kindergarten & Pre1A  
Monday 9/8 - First day Nursery (Full day)





## Mission Statement

BYAM Pre-School provides your child a nurturing environment that is filled with warmth and love. Our developmentally appropriate program empowers preschoolers with the essential social, emotional and cognitive skills that are needed for success in school and life.

## A Year of Learning and Growing

Entering preschool is a huge milestone in which your daughter will transition from baby/toddler into a “big girl”. By now you have been prepping your child for this momentous occasion – one in which she can be just like her big brothers and sisters, or cousins and neighbors. In school, your child will have the opportunity to explore her environment and her inner self. She will experience the feeling of independence in a new way, which will help her gain self-confidence and feel a sense of accomplishment. We have a rich program filled with a plethora of activities that will expand her mind and challenge her to grow and succeed.

Children are encouraged to take risks and to try. We are confident that you will see a tremendous growth in your daughter over the course of the school year, and we know you will shep nachas!

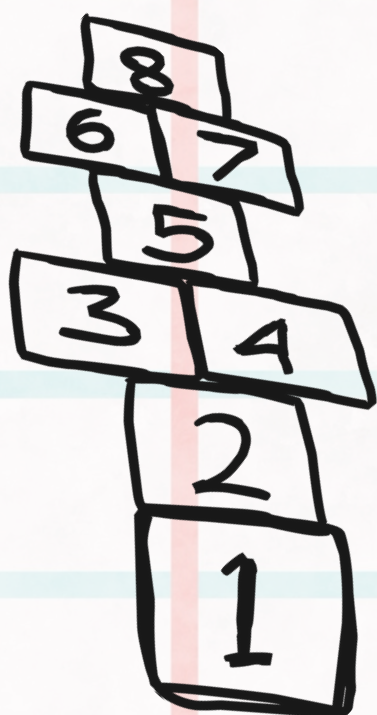
## Communication

The connection between home and school is vital for your child. We encourage communication about any matter or concern. Please keep us informed of any special circumstance or change in your daughter’s routine (i.e.; new baby, moving, parents going away...). Keeping us in the loop will help us be better prepared when your child adjusts to her new situation.





If you have something that you would like to discuss with your child's teacher, please leave a message with the school secretary, and the teacher will return your call within 24 hours. You can also email [Morahdeenie@baisyaakovam.com](mailto:Morahdeenie@baisyaakovam.com) at any time and request a callback. Please be mindful of school emails throughout the year. Our emails provide important information pertaining to your child. In addition, please check your daughter's knapsack consistently for notes from her teacher. In case of school cancellations, we will send information via email.



## Arrivals

Our school day begins every day at 9:00 a.m. There will be supervision beginning at 8:45. Please do not bring your child to school before 8:45 - there will not be adequate supervision for her. The girls will be brought to their classrooms at 9:00. Please make sure your daughter is in school on time. The morning center time is crucial for your daughter's day. A child who comes to school late, often feels disoriented and may also feel like she missed out.



## Daily Schedule

Each class has their own unique schedule that works best for that teacher and that grade level. Snacks, lunch, indoor & outdoor play, as well as a rich, fun filled curriculum are all part of every pre-school class. Your daughter's teacher will fill you in on the details of your daughter's day at Parent Orientation - Monday September 8th, 7:30-8:30 pm.

## Dress Code

BYAM is a Bais Yaakov and as such, we expect our girls to look the part. They spend their day enveloped in Yiddishkeit, and we want them to feel like the Bas Melech we strive for them to be.

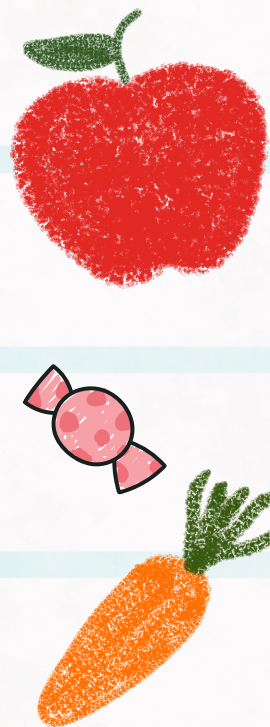
- \* Socks must be worn at all times.
- \* Sleeveless tops and dresses should not be worn.  
Short sleeves are fine for all preschoolers.
- \* While many girls like to play dress up, we do not allow makeup.
- \* Closed, comfortable shoes are the most appropriate for preschool. Please do not send your child to school in crocs, flip-flops or shoes that are too loose. Velcro shoes are recommended for Nursery and Kindergarten as it is not developmentally appropriate for them to tie their own shoes.
- \* Pants may **only** be worn by our youngest group – the Nursery.  
Shorts are encouraged for all preschoolers UNDER skirts/dresses for playground and tumble play.

## Healthy Snacks

At BYAM we pride ourselves on caring for every aspect of your child. We have instituted a healthy snack initiative, which helps the overall well-being of our students. There are two snack times every day. These snacks **MUST** be a healthy choice. Fruit, vegetables, cheese, yogurt, pretzels, and applesauce are all wonderful choices. Our teachers will enforce this policy. Please note, grapes and grape tomatoes **MUST** be halved (the long way) in order to avoid a choking hazard. Shabbos party treats are a separate category. Your daughter's teacher will send home notes as needed.

## Lunch

Please watch your mail regarding our school lunch program for this coming year. If you are sending lunch from home, please make sure to send what your daughter likes and will most likely eat. A variety of items is suggested as well as a rotation. This way your daughter will not get bored of the same food over and over again. Please label all containers.





## Birthday Parties

We love celebrating special milestones with our girls. Please be in touch with your child's teacher to arrange a date and time for a birthday party. Please understand that we cannot allow any homemade foods for our parties. In addition, peckalach and individual gifts may NOT be distributed.

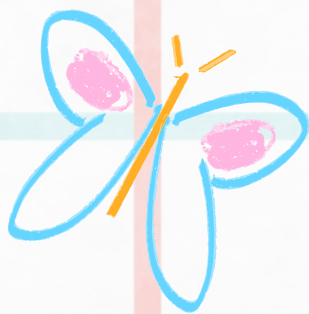
If you would like to host a party for your daughter in your home, please keep it simple. If you want to include your daughter's classmates, remember to include EVERYONE. Please avoid scheduling parties in other venues. Secular themes and entertainment should be avoided as well.



## Outdoor Play

Outdoor play is an important part of our pre-school day. The air outside is refreshing and very healthy for the girls. We go out daily as long the weather is above 32 degrees. Please keep in mind that BYAM is located across the street from Rockaway Beach. It is usually 10 degrees cooler there than other areas around town. It is a good idea to give your child a labeled sweatshirt to keep in her cubby - just in case.

## Illness



Please DO NOT send a sick child to school. A child who is not feeling well cannot learn, spreads her germs to others, and does not belong in school. Fever - WITHOUT Tylenol or Motrin- within 24 hours, a persistent cough, diarrhea, a heavy nasal drip, and pink eye are all symptoms of a child who should remain at home. If your child should come down with any communicable disease, such as lice, pinworms, Fifth Disease or the like, please notify the school immediately.

## Medical Forms

By law, no child may be admitted to school without a current immunization form. If you have not already submitted a form, please do so immediately. If your daughter has any allergies, or requires any other medication, she must have a signed form - with the dosage indicated - giving us permission to administer.

## Nit Checking

In addition to nit check before school starts (date is listed on the calendar), we have periodic nit checking in school. If your child does have nits, she will need to be picked up to get cleaned out. She must have written clearance from one of our approved nit checkers in order to return to school. Please call the office for a list of local nit checkers.

## Orientation

For many girls, the start of a new school year induces feelings of anxiety and fear. Separation anxiety is not unusual at the preschool level. While it may take a few days, your child WILL adjust and will truly enjoy her home away from home. At times, the Mommies also experience some form of separation anxiety. While this is perfectly normal as well, we are asking you to please try not to display these emotions to your daughter. Children are very good at reading emotions and tend to mimic what they see.

We have scheduled a preschool orientation for all our classes to help your daughter with her transition to school. Please watch your emails for details.

Please make sure your daughter is in school on time on the first day of school. We ask that you drop her off with a quick hug, kiss and goodbye. We are aware that she may be crying, even crying hard, but we promise that she is in loving hands and we WILL take care of her. Prolonged goodbyes make the saying goodbye even more difficult.





Please discuss all dismissal arrangements with your daughter. An informed child will be less likely to worry.

There will be a parent orientation on Monday evening, September 8th at 7:30pm. Take advantage of that opportunity to hear details about your daughter's pre-school experience, and to receive answers to any questions that you may have. Please watch your email for more information.

## Supplies

Each individual teacher has her own specific supply requests. Please make sure to check the list carefully and bring all supplies along with you to orientation. There will also be a \$25 special fee that is payable via cash or check (made out to cash), which will also be handed to your child's teacher at orientation. This fee covers any special activity or craft that will benefit your daughter's overall preschool experience.

## Transportation

Please make sure we know what mode of transportation your child will be using to get to and from school. Please make sure fill out for the transportation form (and all necessary forms) on the parent portal. In addition, any change from your daughter's usual dismissal method must be emailed in to our dismissal change email address at [dismissal@baisyaakovam.org](mailto:dismissal@baisyaakovam.org).

If you were planning on to participating in our after care program, (for an extra fee) please make sure your child is registered for it. It is not a drop off day by day babysitting group. There are limited slots.



## A Partnership

Thank you for entrusting your precious daughter to us. At BYAM Preschool, we understand that a true partnership between you - the parent - and us, is integral to your daughter's overall growth. Together with Siyata D'Shmaya we look forward to many positive years of nachas as she develops into the Bas Yisroel we all envision her to be.